



# Dress Code

In order to establish and promote a Catholic, Christian environment that is both modest and professional, we have established the following expectations for team dress.

## At All Times:

- Clothing may not have logos or writing that refers to alcohol, drugs, sex, politics or anything else that may be found offensive.
- Shirts must have sleeves and cut-off shirts are not permitted.
- Shirts must cover the midriff and back when hands are raised and be neither see through, skin tight nor reveal cleavage when either standing upright or bending over.
- Shorts must be past your fingertips when standing upright.
- Appropriate swimwear includes a tankini or one piece for women and swim trunks for men.
- Ladies: Dresses and skirts are to be at least knee length. Leggings/yoga pants are only appropriate when worn under a skirt, dress, or shorts.

## Office Hours:

- Wear clean presentable attire, free of rips, holes, and stains.
- Nice jeans, khakis, dress pants and appropriate shorts or skirts are acceptable.
- Casual shirts are acceptable.
- Sandals or shoes must be worn (Flip-flops not acceptable during office hours).

## Retreats:

- Black pants (cannot be black jeans), capris, shorts, or skirts.
- Shoes (Strappy sandals/Chacos/Birkenstocks are approved footwear)
- SPIRITUS Polo which we will provide for you.

Please note: We do enforce our dress code and will ask you to change into appropriate clothing when we deem an outfit does not meet these standards so please be mindful when packing.